

Jessica Jacobson, M.Ed.
 Licensed Professional Counselor
 Clear Horizons Counseling, LLC
 302 Tom Hall Street, Suite 5
 Fort Mill, SC 29715

NEW CLIENT SURVEY

Client Last Name:	First:	Middle:	Today's Date:
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Please provide the following information to help in planning your services.

Symptom Checklist

Instructions. Use checkmarks (✓) to indicate which symptoms you (or the client) have been experiencing recently.

	0 - Not at all	1 - Somewhat	2 - Moderately	3 - A lot	4 - Extremely
Depressed mood					
Anxiety / fears / phobias					
Panic attacks					
Mood swings					
Low self-esteem					
Marital / relationship issues					
Substance abuse (self)					
Substance abuse (others)					
Legal problems or arrests					
Anger / irritability					
Illness (self)					
Illness (others)					
Recent loss or death					
Trauma					
Difficulty concentrating					
Difficulty sleeping					
Eating patterns					
Behavior issues					
Work / school difficulties					
Other (list):					

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Are you seeking counseling as part of a disability claim,
divorce action or a court or legal action of any kind? Yes No

Have you had counseling in the past? Yes No

Was it helpful? Yes No

Why or why not?

What are your goals for counseling?

Thank you for providing this information!